

In-Home Meal Delivery *Benefit*



Eating nutritious meals is always important, but when you are discharged from the hospital or a skilled nursing facility, you may not have the energy to cook. To help you rest and recover during the transition, HealthTeam Advantage offers the in-home meal delivery benefit.

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Menus are designed by registered dietitians and can be customized to meet your health needs. You can receive two meals per day for up to 7 days delivered to your home at no cost to you.

Highlights:

- ◆ Coverage includes up to 14 meals (2 meals per day over a 7-day period) from NationsMarket™.
- ◆ Qualifying events include surgery or discharge from an inpatient hospitalization or skilled nursing stay.
- ◆ Your Care Management team can work with your healthcare provider to coordinate this benefit.
- ◆ Please contact your Healthcare Concierge if this benefit is not initiated by your provider after a qualifying event.



Your Healthcare Concierge is here to help you make the most of your benefits. Just call or email for fast, friendly assistance.

888-965-1965 (TTY 711)
conciergeHTA@htanc.com

8 a.m.–8 p.m. | Oct. 1–March 31, 7 Days a Week
April 1–Sept. 30, Monday–Friday