

Best Practices

Kidney Health Evaluation for Patients with Diabetes

FROM *HealthTeam Advantage*

HEDIS® Measure Overview and Importance

Diabetes is a leading cause of Chronic Kidney Disease (CKD), affecting 20–40% of diabetics. Despite guidelines recommending routine kidney screenings, fewer than half of patients get the necessary tests. Early detection through the Kidney Health Evaluation (KED), which assesses kidney function (eGFR) and damage (uACR), is crucial for timely diagnosis and treatment.

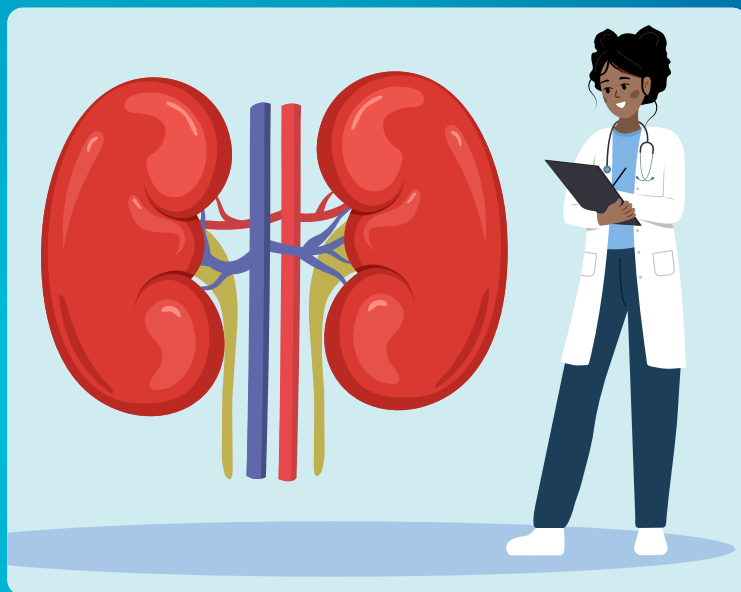
Measure Description / Who is included in the KED measure

Members ages 18–85 years old with diabetes (type 1 and type 2) who received a kidney health evaluation, defined by eGFR and a uACR, during the measurement year.

Documentation Requirements

The medical record must contain the following evidence during the measurement year:

- ◆ Date of service
- ◆ One eGFR
- ◆ One uACR or both quantitative urine albumin test and a urine creatinine test with service dates four days or less apart



Tips to Improve KED Results

- ◆ Order eGFR and uACR tests to be completed at the same time.
 - If urine albumin and urine creatinine tests are ordered separately, they must be completed within four calendar days of each other to satisfy compliance and fully close the measure gap.
- ◆ Use standing orders automation in the EMR systems for eGFR and uACR for diabetic patients.
- ◆ Review and schedule necessary tests at each visit.
- ◆ Bill for lab tests completed in office or provide medical record evidence to close gap.
- ◆ Contact patients to have the test completed before the end of the year.



Laboratory Test	CPT® Codes	LOINC Codes
Estimated Glomerular Filtration Rate Lab Test (eGFR)	80047, 80048, 80050, 80053, 80069, 82565	102097-3, 50044-7, 50210-4, 50384-7, 62238-1, 69405-9, 70969-1, 77147-7, 94677-2, 98979-8, 98980-6
Quantitative Urine Albumin Test*	82043	100158-5, 14957-5, 1754-1, 21059-1, 30003-8, 43605-5, 53530-2, 53531-0, 57369-1, 89999-7
Urine Creatinine Test*	82570	20624-3, 2161-8, 35674-1, 39982-4, 57344-4, 57346-9, 58951-5
Urine Albumin Creatinine (uACR) Lab Test		13705-9, 14958-3, 14959-1, 30000-4, 44292-1, 59159-4, 76401-9, 77253-3, 77254-1, 89998-9, 9318-7

*Quantitative Urine Albumin Test and Urine Creatinine Test must be submitted together, as they represent the only acceptable combination for fulfilling the measure requirement.

Coding Tip

- ◆ Submit claims and encounter data in a timely manner, including diagnosis codes.

Patient Education

- ◆ Provide educational materials on lowering kidney failure risk.
- ◆ Emphasize the importance of kidney evaluations, healthy habits, and medication adherence.
- ◆ Schedule follow-ups for tests and blood pressure monitoring.

