

Care Management

Coordinated care and wellness programs to help you get and stay healthy.

Care management is all about helping improve your health and well-being. It involves coordinating care among providers, reducing hospital visits, boosting patient engagement, and helping you and your providers better manage your healthcare.

HealthTeam Advantage makes care management easier with a variety of programs and services that are included with all our plans.

Living Plus—health and wellness program focuses on active living, healthy eating, and social connections for members of all abilities. Programs and classes are designed to increase bone and muscle strength, reduce the risk of falls, boost your energy and sense of well-being, and improve your memory and concentration.

Landmark Health—program for highest-risk PPO and qualifying HMO CSNP members with multiple chronic conditions such as heart failure, chronic kidney disease, or malnutrition. They collaborate with the member's own primary care provider by providing 24/7 access to the care they need when they need it.