



OTC Network Card

Stock up on eligible over-the-counter items and healthy foods with this \$180 debit card.

Think about all the OTC medications and supplies you purchase throughout the year—everything from non-prescription pain relievers and allergy medications to vitamins and first aid kits. These items can get expensive, especially if you are managing a chronic condition and need diabetes care accessories, supplies for wound care, or other OTC items on a regular basis.

To help you with the cost of these supplies, your plan includes the HealthTeam Advantage OTC Network Card, which is a debit card loaded with \$45 per quarter to purchase OTC items from participating retailers. (You can carry any unused portion to the next quarter, but you must use all \$180 by December 31.)

This year, we're expanding this benefit to include healthy foods. That means you can purchase fruits and vegetables, meats, bread, dairy products, and more with your HealthTeam Advantage OTC Network Card.

Your card will be mailed separately with instructions for activation. If you have questions about this benefit, please contact your Healthcare Concierge at 1-888-965-1965 (TTY: 711). For OTC card services, including checking your balance and finding a participating retailer, call 1-888-682-2400, or visit www.myotccard.com.

HealthTeam Advantage OTC Network Card

Eligible Items include:

Abdominal Supports	First Aid Dressings
Acid Controllers	First Aid Kits & Supplies
Acne Medication	First Aid Treatments
Adult Cough, Cold & Flu	Foot Treatments
Adult Pain Relief	Hemorrhoidal Preparations
Allergy & Sinus medications	Incontinence supplies
Antacids	Interdental, Gum Care, Etc.
Antibiotic creams	Laxatives
Anti-diarrhea medications	Lip Care Medicated
Anti-fungal medications	Liquids (Alcohol & Peroxide in First Aid)
Anti-gas medications	Medical Support–High Compression
Anti-itch medications	Mineral Supplements
Anti-parasitic Treatments	Nasal/Sinus
Bandages (band-aids)	Nicotine Patches, Gum, Etc.
Contact Lens Care	Oral Remedies Orthopedic & Surgical Support
Cough Drops, Sore Throat	Respiratory Treatments
Denture Products	Sleep Aids, Stimulants & Motion Sickness
Diabetes Care Accessories	Sun Protection (SPF 15+)
Diagnostic Products	Stomach Remedies
Digestive Aids	Support Hose–Low Compression
Diuretics & Weight Loss	Toothbrushes and Toothpaste
Cleansing & Detox	Urine Testing
Drys (Epsom Salt & Boric Acid in First Aid)	Vitamins, Multi-Vitamins & Minerals
Ear Care	Wart Removal Treatments
Elastic Bandages	Weight Control (Tablets, Caps, Etc.)
External Pain Relief	Wound Care–Specialized
Eye Preparations	