

2025

Plan I (PPO) & Plan II (PPO)



# In-Home Meal Delivery



Eating nutritious meals is always important, but when you are discharged from the hospital or a skilled nursing facility, you may not have the energy to cook. To help you rest and recover during the transition, HealthTeam Advantage offers the in-home meal delivery benefit.

Menus are designed by registered dietitians and can be customized to meet your health needs. You can receive two meals per day for up to 14 days delivered to your home at no cost to you.

Please note: If you've been diagnosed with diabetes, chronic heart failure, or chronic lung disease, you may be eligible for this benefit to help you manage your condition.

## *For Your Benefit*

- ◆ Coverage includes up to 28 meals (2 meals per day over a 14-day period) from NationsMarket™.
- ◆ Qualifying events include surgery, discharge from an inpatient hospitalization or skilled nursing stay, and some chronic illnesses (chronic heart failure, diabetes, and/or chronic lung diseases).
- ◆ Your Care Management team can work with your healthcare provider to coordinate this benefit.
- ◆ Please contact your Healthcare Concierge if this benefit is not initiated by your provider after a qualifying event.

## *We're Here for You*



Your Healthcare Concierge is here to help you make the most of your benefits. Just call or email for fast, friendly assistance.

**888-965-1965 (TTY 711)**  
**[conciergeHTA@htanc.com](mailto:conciergeHTA@htanc.com)**

8 a.m.–8 p.m.

Oct. 1–March 31, 7 Days a Week  
April 1–Sept. 30, Monday–Friday