

## Over-the-Counter (OTC) Allowance

### Use this quarterly allowance on OTC medications and supplies.

You may not realize how much you spend on OTC items such as allergy medications, vitamins, non-prescription pain relievers, and first aid supplies over the course of a year. To help with these expenses, you'll receive a quarterly allowance preloaded on a debit card through NationsBenefits®.

You can use this allowance to buy eligible OTC items from participating retailers or shop online (with free home delivery) through NationsBenefits.



*We're Here for You*



Your Healthcare Concierge is here to help you make the most of your benefits. Just call or email for fast, friendly assistance.

**888-965-1965 (TTY 711)**  
***conciergeHTA@htanc.com***

8 a.m.–8 p.m.

Oct. 1–March 31, 7 Days a Week  
April 1–Sept. 30, Monday–Friday

**MORE BENEFIT INFO ►**

# Over-the-Counter (OTC) Allowance

## *For Your Benefit*

- ◆ You will receive a prepaid debit card in the mail from NationsBenefits.
- ◆ Activate your card by visiting [HTA.NationsBenefits.com/Activate](https://HTA.NationsBenefits.com/Activate) or calling 877-205-8005 (TTY 711).
- ◆ Visit [HTA.NationsBenefits.com](https://HTA.NationsBenefits.com) to download a catalog, see a list of participating retailers, or place an online order.
- ◆ Your allowance is \$145 per quarter.
- ◆ You can roll your funds to the next quarter, but you must use your entire allowance by December 31. Please save your card for future use.
- ◆ If you have questions about your card, call NationsBenefits at 888-433-1058 (TTY 711).
- ◆ If your card is missing, call your Healthcare Concierge.



## *Getting Started*



Scan the QR code with your smart phone or mobile device to see the OTC catalog.

The Benefits Mastercard® Prepaid Card is issued by The Bancorp Bank N.A., Member FDIC.

HealthTeam Advantage, a product of Care N' Care Insurance Company of North Carolina, Inc., is a PPO and HMO Medicare Advantage plan with a Medicare contract. Enrollment in HealthTeam Advantage depends on contract renewal.

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