

2025

Plan I (PPO) & Plan II (PPO)



Over-the-Counter (OTC) Allowance

Use this quarterly allowance on OTC medications and supplies.

You may not realize how much you spend on OTC items such as allergy medications, vitamins, non-prescription pain relievers, and first aid supplies over the course of a year. To help with these expenses, you'll receive a quarterly allowance preloaded on a debit card through NationsBenefits®.

You can use this allowance to buy eligible OTC items from participating retailers or shop online (with free home delivery) through NationsBenefits.



We're Here for You



Your Healthcare Concierge is here to help you make the most of your benefits. Just call or email for fast, friendly assistance.

888-965-1965 (TTY 711)
conciergeHTA@htanc.com

8 a.m.–8 p.m.

Oct. 1–March 31, 7 Days a Week
April 1–Sept. 30, Monday–Friday

MORE BENEFIT INFO ►

2025

Plan I (PPO) & Plan II (PPO)



Over-the-Counter (OTC) Allowance

For Your Benefit

- ◆ You will receive a prepaid debit card in the mail from NationsBenefits.
- ◆ Activate your card by visiting HTA.NationsBenefits.com/Activate or calling 877-205-8005 (TTY 711).
- ◆ Visit HTA.NationsBenefits.com to download a catalog, see a list of participating retailers, or place an online order.
- ◆ Your allowance varies by plan: \$70 per quarter for Plan I; \$60 per quarter for Plan II.
- ◆ You can roll your funds to the next quarter, but you must use your entire allowance by December 31. Please save your card for future use.
- ◆ If you have questions about your card, call NationsBenefits at 888-433-1058 (TTY 711).
- ◆ If your card is missing, call your Healthcare Concierge.



Getting Started



Scan the QR code with your smart phone or mobile device to see the OTC catalog.



The Benefits Mastercard® Prepaid Card is issued by The Bancorp Bank N.A., Member FDIC.

HealthTeam Advantage, a product of Care N' Care Insurance Company of North Carolina, Inc., is a PPO and HMO Medicare Advantage plan with a Medicare contract. Enrollment in HealthTeam Advantage depends on contract renewal.

MULTI-PLAN_25228_C