

Summary of Benefits

HealthTeam Advantage Diabetes & Heart Care
(HMO C-SNP) H2624-001



2026 Summary of Benefits

HealthTeam Advantage Diabetes & Heart Care (HMO C-SNP)

January 1, 2026 - December 31, 2026.

The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service we cover or every limitation or exclusion. For a complete list of covered services, refer to the Evidence of Coverage booklet. You can request a copy from HealthTeam Advantage or view it on the website at www.htanc.com/members/2026-plan-documents.

To join the HealthTeam Advantage Diabetes & Heart Care Plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, live in our service area, and you must meet the special eligibility requirements of a diagnosis of Diabetes Mellitus, Chronic Heart Failure, and/or Cardiovascular disorders. Our service area includes the following counties in North Carolina: **Alamance, Davidson, Davie, Forsyth, Guilford, Randolph, and Rockingham.**

As a member of the HealthTeam Advantage Diabetes & Heart Care Plan, you must use the plan's network of doctors, hospitals, pharmacies, and other providers.

For more information, contact HealthTeam Advantage at 1-877-905-9216 (TTY 711) from 8 a.m. to 8 p.m. Eastern, 7 days a week from October 1 - March 31, and 8 a.m. to 8 p.m. Eastern, Monday through Friday from April 1 - September 30. Or visit www.htanc.com.

Cover image: Linn Cove Viaduct

HealthTeam Advantage, a product of Care N' Care Insurance Company of North Carolina, Inc., is a PPO and HMO Medicare Advantage plan with a Medicare contract. Enrollment in HealthTeam Advantage depends on contract renewal.

H2624_26004_M

Premiums and Benefits	HealthTeam Advantage Diabetes & Heart Care (HMO C-SNP)
Monthly Plan Premium	\$0 You must continue to pay your Medicare Part B premium.
Deductible (Medical)	\$0 This plan does not have a deductible for medical services.
Maximum Out-of-Pocket (does not include prescription drugs)	\$3,900 annually The most you pay for copays, coinsurance, and other costs for Medicare-covered medical services, supplies, and Part B-covered medication for the plan year you receive from in- and out-of-network providers. What you pay out-of-pocket for Part D prescription drugs and certain supplemental benefits (e.g., dental, vision, and hearing aids) does not apply to this amount.
Doctor Visits	
• Primary Care Provider (PCP)	\$0 copay
• Cardiologist, Endocrinologist, and Podiatrist	\$0 copay
• Other Specialists	\$25 copay
Preventive Care (e.g., flu vaccine, diabetic screenings)	
	\$0 copay Any additional preventive services approved by Medicare during the contract year will be covered. Some items not covered at \$0 cost.
Urgent Care	
	\$30 copay Copay is not waived if admitted to hospital.
Emergency Care	
	\$150 copay If you are admitted to the hospital for the same condition within three days, the emergency copay is waived.
Inpatient Hospital Coverage	
	\$300 copay per day for days 1 through 6 \$0 copay per day for days 7 through 90 \$0 copay for days 91 and beyond Plan covers an unlimited number of days for an inpatient hospital stay. Prior authorization may be required.
Outpatient Hospital Coverage	
• Outpatient Hospital Facility	\$300 copay Prior authorization may be required for some services.
Ambulatory Surgical Center (ASC)	
	\$175 copay per day Prior authorization may be required for some services.

Premiums and Benefits		HealthTeam Advantage Diabetes & Heart Care (HMO C-SNP)	
Diagnostic Tests/Therapeutic Radiological Services			
• Diagnostic Radiological Services	\$0-\$300 copay (Copay varies based on type of service.)		
- EKG Testing	\$0 copay		
- Ultrasound	\$75 copay		
- CT Scan	\$150 copay		
- MRI / MRA	\$225 copay		
- PET Scan	\$300 copay		
- Nuclear Stress Testing	\$150 copay		
- Echocardiography	\$50 - \$125 copay		
- Other Diagnostic Radiological Services	\$150 copay		
• Therapeutic Radiological Services	20% coinsurance		
Diagnostic Services/Labs			
• Lab Services	\$0 copay at a stand-alone lab facility \$10 copay at an outpatient hospital facility		
• Diagnostic Tests and Procedures	\$0-\$100 copay (Copay varies based on type and place of service.)		
• Outpatient X-rays	\$10 copay Prior authorization may be required for some services.		
Hearing Services			
• Diagnostic Hearing Exam (Medicare covered)	\$25 copay		
• Routine Hearing Exams	\$25 copay / one exam visit per year A TruHearing provider must be used for routine hearing benefits.		
• Fitting and Evaluation for Hearing Aid	\$0 copay / one year of follow-up provider visits for fitting and adjustments A TruHearing provider must be used for hearing aid benefit.		
• Hearing Aid	\$299-\$799 per hearing aid. Advanced and Premium hearing aids are available in rechargeable style options for an additional \$50 per aid. Up to two TruHearing hearing aids every year (one per ear per year). OTC hearing aids are not covered. A TruHearing provider must be used for hearing aid benefit.		

Premiums and Benefits (continued) HealthTeam Advantage Diabetes & Heart Care (HMO C-SNP)**Dental Services**

<ul style="list-style-type: none"> Diagnostic and Preventive Dental Services (Non-Medicare covered) 	<p>Annual Benefit Maximum: No maximum plan coverage amount for Diagnostic and Preventive in-network non-Medicare-covered dental services.</p> <p>Annual Deductible: \$0</p> <p>Office Visit Copay: \$0 copay</p> <p>In-Network Coverage Only: 0% coinsurance</p> <p>Diagnostic and Preventive dental services include cleanings, bitewing X-rays, periodic or comprehensive oral evaluations, re-evaluation - post-operative office visit, and tomographic survey.</p> <p>Must use a Dominion Dental participating dental provider.</p> <p>Frequency and visit limits apply.</p>
<ul style="list-style-type: none"> Comprehensive Dental Services (Non-Medicare covered) 	<p>Annual Benefit Maximum: \$1,500 per year for all in-network non-Medicare-covered Comprehensive dental services.</p> <p>Note: Out-of-network dental services are not covered.</p> <p>Annual Deductible: \$100 for in-network comprehensive dental services</p> <p>Office Visit Copay: \$0 copay</p> <p>In-Network: 20%-50% coinsurance after deductible is met for covered comprehensive dental services</p> <p>Comprehensive dental services such as fillings, periodontal maintenance and simple extractions, crowns (including implant supported crowns), endodontics, periodontics, dentures and oral surgery. The surgical placement of implants is not a covered service.</p> <p>Must use a Dominion Dental participating dental provider.</p> <p>Frequency and visit limits apply.</p> <p>Refer to the <i>Dental Code Quick Reference Guide</i> for administrative coverage details, covered dental procedures and associated dental codes, and frequency and visit limits.</p>

Vision Services

<ul style="list-style-type: none"> Diagnostic Eye Exam (Medicare covered) 	<p>\$0 copay for Medicare-covered Diabetic Eye Exam</p> <p>\$25 copay for all other Medicare-covered Diagnostic Eye Exams</p>
<ul style="list-style-type: none"> Eyewear (Medicare covered) 	<p>\$0 copay for Medicare-covered eyeglasses or contact lenses after cataract surgery</p> <p>Materials covered up to Medicare-approved limits.</p>
<ul style="list-style-type: none"> Routine Eye Exam (Non-Medicare covered) 	<p>\$25 copay</p> <p>One visit per year, refraction included</p>
<ul style="list-style-type: none"> Eyeglasses (lenses and frames) 	<p>Reimbursed up to \$100 towards routine eyewear, including contact lenses, each year.</p> <p>Single vision lenses, lined bifocals, lined trifocals, and lenticular lenses covered in full.</p>
<ul style="list-style-type: none"> Contact Lenses 	<p>\$60 copay for contact lens fitting/evaluation</p> <p>Vision allowance is limited to one pair of eyeglasses or contacts per year.</p>
<ul style="list-style-type: none"> Lens Upgrades 	<p>Standard progressive lenses and scratch resistant coating are covered in full as an upgrade. No other upgrades are covered.</p>

Premiums and Benefits (continued) HealthTeam Advantage Diabetes & Heart Care (HMO C-SNP)
Mental Health Services

- Inpatient Hospital **\$300** copay per day for days 1 through 8
\$0 copay per day for days 9 through 90
Services require prior authorization.

- Outpatient Individual Therapy Visit **\$25** copay
- Outpatient Group Therapy Visit **\$25** copay

Skilled Nursing Facility (SNF)

\$0 copay per day for days 1 through 20
\$218 copay per day for days 21 through 100
 Plan covers up to 100 days in a SNF.
Services require prior authorization.

Outpatient Rehabilitation Services

- Physical Therapy Visit **\$25** copay
- Occupational Therapy Visit **\$25** copay
- Speech and Language Therapy Visit **\$25** copay
- Cardiac Rehabilitation Services **\$0** copay
- Intensive Cardiac Rehabilitation Services **\$0** copay
- Pulmonary Rehabilitation Services **\$0** copay

Ambulance

- Ground Ambulance (Medicare covered) **\$250** copay per one-way trip.
- Air Ambulance (Medicare covered) **\$300** copay per one-way trip.

Prior authorization required for non-emergency transportation.
 Copay not waived if admitted to hospital.

Transportation

\$0 copay per one-way ride for Non-Emergency Medical Transportation (NEMT).
 Up to 48 one-way rides per year to or from plan approved health-related locations. Limited to 100 miles maximum per one-way trip.
All transportation must be provided by the plan's transportation administrator, SafeRide Health.

Medicare Part B Drugs

0% - 20% coinsurance
 Prior authorization may be required.

Premiums and Benefits <i>(continued)</i>	HealthTeam Advantage Diabetes & Heart Care (HMO C-SNP)			
Outpatient Prescription Drugs				
Phase 1: Deductible	\$300 for Tier 4 Non-Preferred Drugs and Tier 5 Specialty Drugs During this stage, you pay the full cost of your Tier 4 Non-Preferred Drugs and Tier 5 Specialty Drugs. During this stage, your out-of-pocket costs for Select Insulins will be \$0 . You stay in this stage until you have paid \$300 for your Tier 4 Non-Preferred Drugs and Tier 5 Specialty Drugs.			
Phase 2: Initial Coverage Period	In-Network Retail (After you pay your deductible, if applicable)			
	Preferred* Pharmacy		Standard Retail Pharmacy	
	30-day supply	100-day supply	30-day supply	100-day supply
Tier 1 - Preferred Generic	\$0 copay	\$0 copay	\$10 copay	\$30 copay
Tier 2 - Generic	\$0 copay	\$0 copay	\$20 copay	\$60 copay
Tier 3 - Preferred Brand	25% coinsurance	25% coinsurance	25% coinsurance	25% coinsurance
Tier 4 - Non-Preferred Drug	40% coinsurance	40% coinsurance	50% coinsurance	50% coinsurance
Tier 5 - Specialty (limited to 30-day supply)	29% coinsurance	Not applicable	29% coinsurance	Not applicable
Tier 6 - Select Care Drugs** NOTE: This includes select insulins	\$0 copay	\$0 copay	\$0 copay	\$0 copay
	Mail Order (After you pay your deductible, if applicable)			
	Mail Order			
	30-day supply		100-day supply	
Tier 1 - Preferred Generic	\$0 copay		\$0 copay	
Tier 2 - Generic	\$0 copay		\$0 copay	
Tier 3 - Preferred Brand	25% coinsurance		25% coinsurance	
Tier 4 - Non-Preferred Drug	40% coinsurance		40% coinsurance	
Tier 5 - Specialty (limited to 30-day supply)	29% coinsurance		Not applicable	
Tier 6 - Select Care Drugs** NOTE: This includes select insulins	\$0 copay		\$0 copay	

Once your out-of-pocket costs reach \$2,100 (2026), you move to catastrophic coverage, Phase 3.

* \$0 copay applies to preferred pharmacy locations

** Includes Select Insulins. The Select Insulins are formulary insulins that are covered in Tier 6 of our Drug List and are being used for a diagnosis covered under Part D. Please note that if your insulin is being administered through a Part B covered insulin pump then the insulin must be covered under Part B and will not be eligible for the Part D copay.

Premiums and Benefits
(continued)
HealthTeam Advantage Diabetes & Heart Care (HMO C-SNP)
Outpatient Prescription Drugs (continued)
Phase 3: Catastrophic

Coverage (After your out-of-pocket costs have reached the **\$2,100** limit for the calendar year)

In this stage, the plan pays the full cost for your covered Part D drugs. You pay nothing.
 The plan and Medicare pay the rest until the end of the calendar year.

For more information regarding 2026 preferred pharmacy locations and the Part D drug stages, please refer to the Evidence of Coverage.

Over-the-Counter (OTC) Items

- OTC Items **\$70** allowance per quarter for qualifying OTC items and healthy foods
- Healthy Foods Quarterly allowance for qualifying OTC items, healthy foods, and produce, which can be purchased at participating retailers or through NationsBenefits online store.
 Unused allowance amounts cannot be carried forward to the next quarter. Any unused benefit dollars will expire at the end of the year, 12/31/2026.
 Nicotine Replacement Therapy is not covered as part of the OTC benefit.

Foot Care (podiatry services)

- Foot Exams and Treatment (Medicare covered) **\$0** copay
- Routine Foot Care **\$0** copay / 8 visits per year

Medical Equipment/Supplies

- Durable Medical Equipment (e.g., wheelchairs, oxygen, braces) **20%** coinsurance

Services require prior authorization.

- Prosthetics (e.g., artificial limbs) **20%** coinsurance

Services require prior authorization.

- Diabetic Supplies **0%** coinsurance for preferred manufacturers
20% coinsurance for non-preferred manufacturers

Preferred Diabetic Supplies and Services limited to those from the following preferred manufacturers:

- Blood Glucose Meter and testing supplies
 - One Touch
- Continuous Glucose Monitor and supplies
 - FreeStyle Libre Systems

Prior authorization required for non-preferred diabetic supplies.

- Therapeutic Shoes/Inserts **\$0** copay for one pair of Medicare-covered therapeutic shoes and up to two pairs of inserts.

Premiums and Benefits (continued) HealthTeam Advantage Diabetes & Heart Care (HMO C-SNP)**Fitness Program**

SilverSneakers®

\$0 copay / unlimited visits

HealthTeam Advantage covers the full cost of this benefit through participating SilverSneakers fitness locations. SilverSneakers fitness program offers access to thousands of fitness locations nationwide, plus virtual resources and a mobile app.

In-Home Support/Companion Services

In-home or virtual assistance with non-medical services such as light house chores, technology assistance, transportation, and general companionship.

\$0 copay

Up to 60 hours per year with a Papa Pal for in-home support and companion services.

All in-home support/companion services must be provided by the plan's administrator, Papa.

In-Home Meal Delivery**\$0** copay

Immediately after an inpatient stay or surgery in a hospital or a skilled nursing facility (SNF) stay, you can receive up to 28 meals (2 meals per day over a 14-day period) at no extra cost to you.

This benefit may be used for an unlimited number of times per calendar year based on a qualifying inpatient stay.

You must use the plan's designated meals administrator, NationsBenefits, for this in-home meal benefit.

Telehealth Services**\$0 - \$25** copay / copay is based on provider type

If you choose to receive services via a network telehealth provider, then you must use a network provider that currently offers the service via telehealth. This benefit may not be offered by all providers. Check directly with your providers about the availability of telehealth services.

Non-Discrimination Notice

HealthTeam Advantage complies with applicable federal civil rights laws and does not discriminate based on race, color, national origin, age, disability, or sex. HealthTeam Advantage does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

HealthTeam Advantage:

Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- ◆ Qualified sign language interpreters
- ◆ Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose primary language is not English, such as:

- ◆ Qualified interpreters
- ◆ Information written in other languages

If you need these services, contact HealthTeam Advantage at 1-877-905-9216 (TTY 711) October 1-March 31, 8 a.m. to 8 p.m. ET, 7 days a week; April 1-September 30, 8 a.m. to 8 p.m. ET, Monday through Friday.

If you believe that HealthTeam Advantage has failed to provide these services or discriminated in another way based on race, color, national origin, age, disability, or sex, you can file a grievance with:

HealthTeam Advantage

Attn: Appeals and Grievances

300 East Wendover Avenue, Suite 121

Greensboro, NC 27401

1-877-905-9216, (TTY 711), or via fax at 800-845-4104

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Appeals and Grievances Department is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/smartscreen/main.jsf>, by email OCRMail@hhs.gov, by phone 1-888-368-1019, TDD: 1-800-537-7697, or by mail U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201.

Get Help in Other Languages

If you need help or speak a non-English language, call 1-877-905-9216 TTY 711, and you will be connected to an interpreter who will assist you at no cost.

Notice of Availability

English: Free assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-877-905-9216 (TTY 711) or speak to your provider.

Spanish: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al 1-877-905-9216 (TTY 711) o hable con su proveedor.

Simplified Chinese: 注意：如果您说[中文]，我们将免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服务，以无障碍格式提供信息。致电 1-877-905-9216（文本电话：711）或咨询您的服务提供商。

Traditional Chinese: 注意：如果您說[台語]，我們可以為您提供免費語言協助服務。也可以免費提供適當的輔助工具與服務，以無障礙格式提供資訊。請致電 1-877-905-9216（TTY 711）或與您的提供者討論。

Tagalog: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyong tulong sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 1-877-905-9216 (TTY 711) o makipag-usap sa iyong provider.

French: Si vous parlez Français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 1-877-905-9216 (TTY 711) ou parlez à votre fournisseur.

Vietnamese: LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ. Các hỗ trợ dịch vụ phù hợp để cung cấp thông tin theo các định dạng dễ tiếp cận cũng được cung cấp miễn phí. Vui lòng gọi theo số 1-877-905-9216 (Người khuyết tật: TTY 711) hoặc trao đổi với người cung cấp dịch vụ của bạn.

German: UWenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistenzen zur Verfügung. Entsprechende Hilfsmittel und Dienste zur Bereitstellung von Informationen in barrierefreien Formaten stehen ebenfalls kostenlos zur Verfügung. Rufen Sie 1-877-905-9216 (TTY 711) an oder sprechen Sie mit Ihrem Provider.

Korean: 주의: [한국어]를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. 1-877-905-9216 (TTY 711) 번으로 전화하거나 서비스 제공업체에 문의하십시오.

Russian: ВНИМАНИЕ: Если вы говорите на русский, вам доступны бесплатные услуги языковой поддержки. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 1-877-905-9216 (TTY 711) или обратитесь к своему поставщику услуг.

Arabic: تنبيه: إذا كنت تتحدث اللغة العربية، فستتوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر وسائل مساعدة وخدمات مناسبة لتوفير المعلومات بتنسيقات يمكن الوصول إليها مجاناً. اتصل على الرقم 1-877-905-9216 (TTY 711) أو تحدث إلى مقدم الخدمة.

Hindi: ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपके लिए निःशुल्क भाषा सहायता सेवाएं उपलब्ध होती हैं। सुलभ प्रारूपों में जानकारी प्रदान करने के लिए उपयुक्त सहायक साधन और सेवाएँ भी निःशुल्क उपलब्ध हैं। 1-877-905-9216 (TTY 711) पर कॉल करें या अपने प्रदाता से बात करें।

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-877-905-9216 (TTY 711). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Portuguese: Se você fala [inserir idioma], serviços gratuitos de assistência linguística estão disponíveis para você. Auxílios e serviços auxiliares apropriados para fornecer informações em formatos acessíveis também estão disponíveis gratuitamente. Ligue para 1-877-905-9216 (TTY 711) ou fale com seu provedor.

Polish: Osoby mówiące po polsku mogą skorzystać z bezpłatnej pomocy językowej. Dodatkowe pomoce i usługi zapewniające informacje w dostępnych formatach są również dostępne bezpłatnie. Zadzwoń pod numer 1-877-905-9216 (TTY 711) lub porozmawiaj ze swoim dostawcą.

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We're Here for You!



Online

Visit htanc.com.



In Person

Local Benefit Center

5815 Samet Dr., Suite 107, High Point, NC 27265



By Phone

Prospective members call toll-free **877-905-9216**.

Current members call toll-free **888-965-1965**.

8 a.m.–8 p.m.

Oct. 1–March 31, 7 Days a Week
April 1–Sept. 30, Monday–Friday



TTY Users

TTY users call toll-free 711 for questions related to our Medicare Advantage Plans.



Medicare

For more information about Medicare, call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week.

TTY users should call 1-877-486-2048. Or visit [Medicare.gov](https://www.Medicare.gov).

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