SilverSneakers Brain Game

S S W V C L I F E S T Y L E L

L Z I E W R E X E R C I S E Q

E F M L L R E L A X A T I O N

E M R I V L C A D I Y Y Q C F

P O S I N E N U T B M O A S I

N V B O E D R E M I A T G Y T

U E A G C N F S S D V F K A N

T M L C D I D U N S K I V P E

R E A W T F A S L E J M T X S

I N N W P I A L H N A N W Y S

T T C O Q L V U I I E K G B W

I H E A L T H E B Z P S E N K

O H O B B I E S N K I K S R Y

N M E D I T A T I O N N T C S

N E Q P M E M O R Y J C G F E

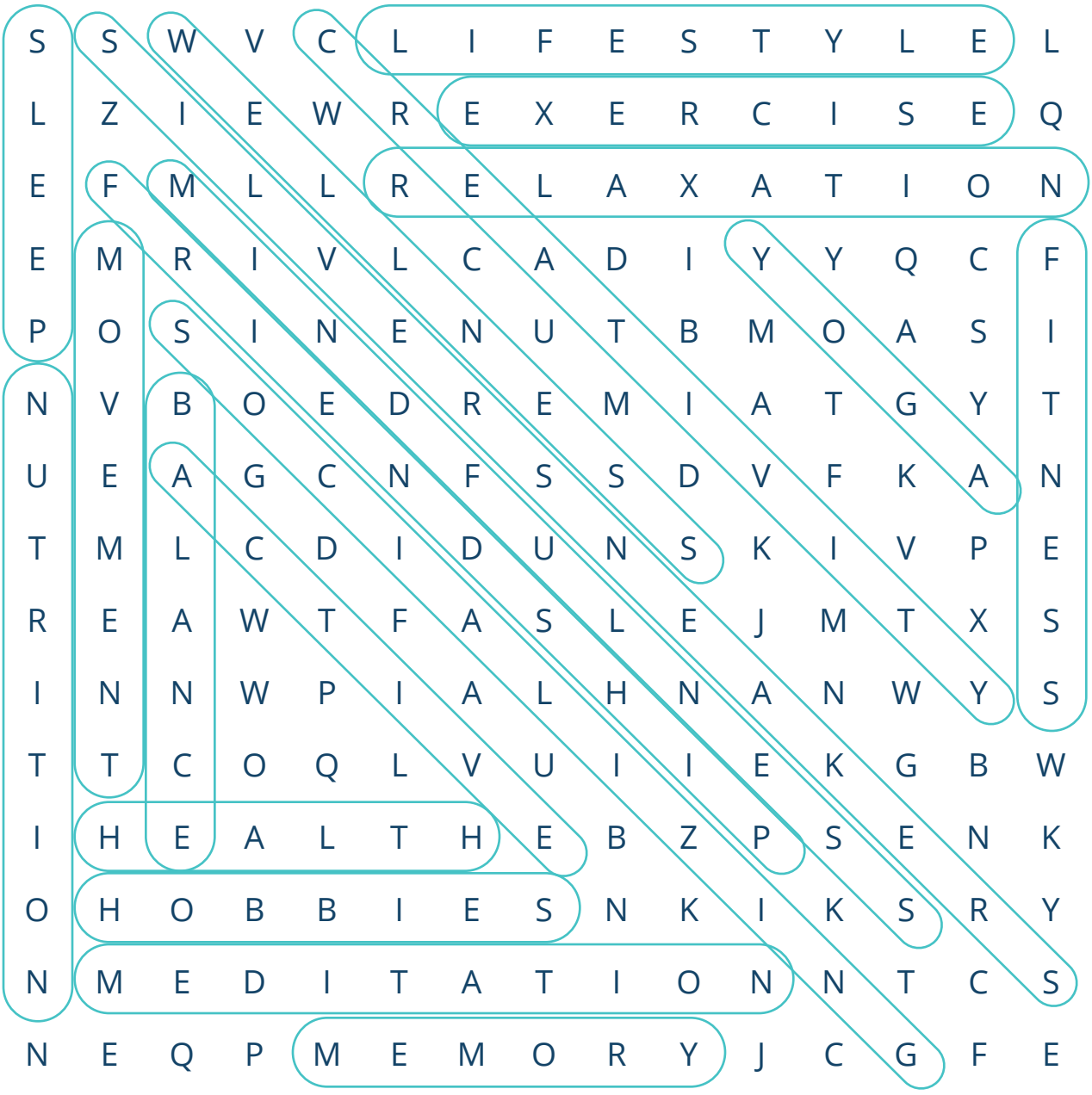
SilverSneakers
Friendship
Lifestyle
Exercise
Hobbies

Sleep
Mindfulness
Creativity
Nutrition
Wellness

Active
Health
Socializing
Meditation
Movement

Fitness
Relaxation
Memory
Yoga

Answer Key



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